

## Sample of latest Volunteer Roles (February 15th 2012)

<u>Volunteer Role</u>	<u>Role Description</u>	<u>Sponsor Group</u>
Befriending roles	with adults with mild / moderate intellectual disabilities	Clann Mór (Ashbourne, Kells, Navan)
Email support service	providing email support support for depression	Aware (from Volunteers Home)
Dog Walkers / Dog foster home visits	Walking dogs / evaluating suitable foster homes for dogs	Last Hope Animal Charity (Meath)
Leaflets drops	leaflet campaign in Navan	RAPID Navan
Daffodil Day helpers	Sell Daffodils / Co-ordinate deliveries to volunteers	Irish Cancer Society (Meath)
Residential Summer Camp helpers	Help with SHINE residential summer camp (Spina Bifida)	Spina Bifida Ireland (Dublin)
Bag Packers - for drug addiction service	April 5/6 in Navan and Ashbourne	Aislinn Adolescent Treatment (Meath)
Assist Disabled people with horse riding	Assist trainers - for horseriding in Special Olympics	MIDWAY (Drumree)
Administration, Suicide Intervention Officers, Counsellors, Promotion	aiding SOSAD Kingscourt suicide support services	SOSAD Kingscourt
Telephone support / Morning call	make pre-arranged phone calls to elderly people	Co Meath Good Morning (Trim)
Youth Group Leaders / Assistants	interacting with teenagers and young adults	Meath Youth Federation (Navan)

***For more information on these and hundreds of other roles, contact Meath Volunteer Centre 046-9280790 or [volunteermeath.ie](http://volunteermeath.ie)***